

Winter 2019

Felix Fund Newsletter

Supporting bomb disposal and search personnel and their families from all British Army Regiments, Royal Navy Clearance Divers, Royal Air Force and the UK Counter Terrorism Command



Merry Christmas and a Happy New Year!

Felix Fund would like to wish all of its supporters and followers a very Merry Christmas and a Happy New Year.

Felix Fund continues to provide vital and much needed support to members of the EOD and Search communities, both serving and retired.

But we simply couldn't do this with you.

Thank you



from Felix

Optima's Man V Mountain

Huge congratulations to the 20 Optima personnel who completed the gruelling 22 Mile Race in Snowdonia National Park – Man v Mountain back in September. Each member of the team completed the course in between 4 to 9 hours with some conquering fears along the way. The team did all of this to raise money for the Felix Fund; a cause that is close to Optima's heart.

The staff have committed to raising a total of £10,000 throughout 2019 and they are almost there.

Well done to everyone who took part in this challenge and a massive thank you for your support.

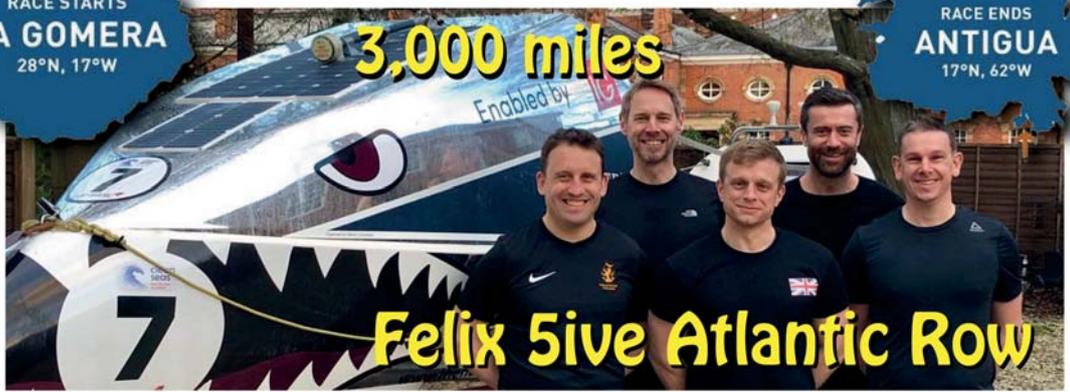


FELIX FUND
THE BOMB DISPOSAL CHARITY

Registered Charity No. 1142494

RACE STARTS
LA GOMERA
28°N, 17°W

RACE ENDS
ANTIGUA
17°N, 62°W



Felix 5ive Take on 'The World's Toughest Row'

The Talisker Whisky Atlantic Challenge is the premier event in ocean rowing. Covering over 3,000 miles from San Sebastian, Canary Islands to Nelson's dockyard, Antigua.

A team of five intrepid adventurers are taking part to raise funds for Felix Fund – the bomb disposal charity. They are; Julian Thomas, Headmaster of Wellington College, Capt James Wadsworth MBE CGC, David Edwards, Housemaster at Wellington College, Ian Holdcraft, Co-founder of luxury adventure brand Shackleton and David Jarman, British Army bomb disposal officer.

The Felix 5ive will face some 40 days at sea coping with sores and blisters, sea sickness and other illnesses, brutal ocean conditions with storms and 50-foot waves as well as sleep deprivation, weight loss and an enormous amount of physical and mental stress.

So why are they putting themselves through this hell? Not just for the personal challenge but to raise funds and awareness for Felix Fund, a charity close to their hearts. Melanie Moughton, CEO of Felix Fund: 'This is an awe-inspiring challenge and the money raised by the team will help the awe-inspiring men and women from the bomb disposal and search communities who keep us all safe. We wish the Felix 5ive the best of luck and we will be following their training and progress across the Atlantic closely.'

The team: 'More people have travelled to space and climbed Everest than have rowed across an ocean. This is a huge challenge and a considerable undertaking that will test us physically and mentally as individuals and a team.'

You can support the team at their
Just Giving page: <http://www.justgiving.com/FelixFive>

Channel Swim Relay

Huge congratulations to the Zone3 Victory Swim relay team who successfully completed their Channel swim in aid of Felix Fund back in early October.

With a total swimming time of 11 hours and 22 minutes, they braved the extreme cold and kept going - in this challenge wet suits are not permitted!

We must say a big thank you to Marcus, Trish, Lucas, Kevin, Nigel, Mark and Laura for raising nearly £5,000 for the charity.



Donate

You can make a one-off or regular donation to help those still serving, veterans and their dependants.
Donate online at <https://www.justgiving.com/felixfund/donate>



Give your time

Volunteers are vital to charities, but for one as small as Felix Fund they are even more important. Get in touch if you would like to volunteer to raise funds and awareness in your local area



Fundraise

You can raise money for Felix Fund in so many ways. From a raffle or jumble sale to a black tie dinner or even a personal challenge that you've wanted to do for ages ...

Every Penny Counts ☺



Andy's Indoor Skydive

Well done to Andy Green for his indoor Sky Dive in aid of Felix Fund. He has raised £125 for the charity so far.

Thank you Andy!



A Spooky Night

A big thank you to the staff of the Berro Lounge, Didcot and Ruth and Amanda two volunteers who put on a spooky drag night in aid of Felix Fund on Halloween.

Despite some major issues with the PA system the amazing performers battled on entertaining a packed crowd. The evening raised £238.85 for Felix Fund.



Duathlon Challenge

Thank you to Robert Draper who took part in the inaugural Costwolds Sprint Duathlon in October. The challenge consisted of a 5km run, an 18km cycle ride, followed by another 5km run. Robert completed the course in a time of 2hrs 9 mins and raised over £185 for Felix Fund.

Well done Robert!



Coast to Coast Path Challenge

A team of soldiers from 1Military Working Dogs Regiment undertook a challenge to complete the Coast to Coast footpath distance of 305km within 24 hours - using a cross trainer and hand bike! They successfully completed the distance in just 19 hrs 3 mins but were determined then to see how far they could go in the remaining time.

So far the team has raised £1,000 for Felix Fund - thank you Shell Fields, Tori Reilly, Amy Goumet, Katie Richards, Rachael Mather, Jen Mudd, Rebecca Almond and Jo Gillies.

Bangers & Bacon Butties

Throughout February and March Felix Fund will be running it's popular Bangers & Bacon Butties campaign. So why not hold a delicious breakfast get together with family and friends, or get your local pub or cafe to cook up a few butties with a donation for each one sold, coming to Felix Fund.

Tuck in!!!



**Support
Bomb Disposal Experts
with a Banger or Bacon Buttie!**



Registered Charity No. 1142494

Buy a Coffee for Felix

For just £2.89 a month you can buy a coffee for Felix and help support the men and women of the wider EOD and Search communities who keep us all safe.

Visit

www.felixfund.org.uk
to find out more



Gift Aid

Remember to use Gift Aid and increase your donation by 25p for every £1 you give

giftaid it

Amazonsmile

When you shop on Amazon you can now choose to make a donation to Felix Fund.

Amazonsmile is a program that donates 0.5 % of your eligible purchases. Visit <https://smile.amazon.co.uk>

amazonsmile



Dashboard Course

Residential training courses focusing on mindfulness and awareness

Places Available!

LAST DATE FOR ORDERS MONDAY 16th DECEMBER

orders placed after this date will be despatched in the New Year

Felix Fund Dashboard Course Dates 2020

6th - 10th January 2020

18th - 22nd May 2020

7th - 11th September 2020

3rd - 7th February 2020

1st - 5th June 2020

19th - 23rd October 2020

23rd - 27th March 2020

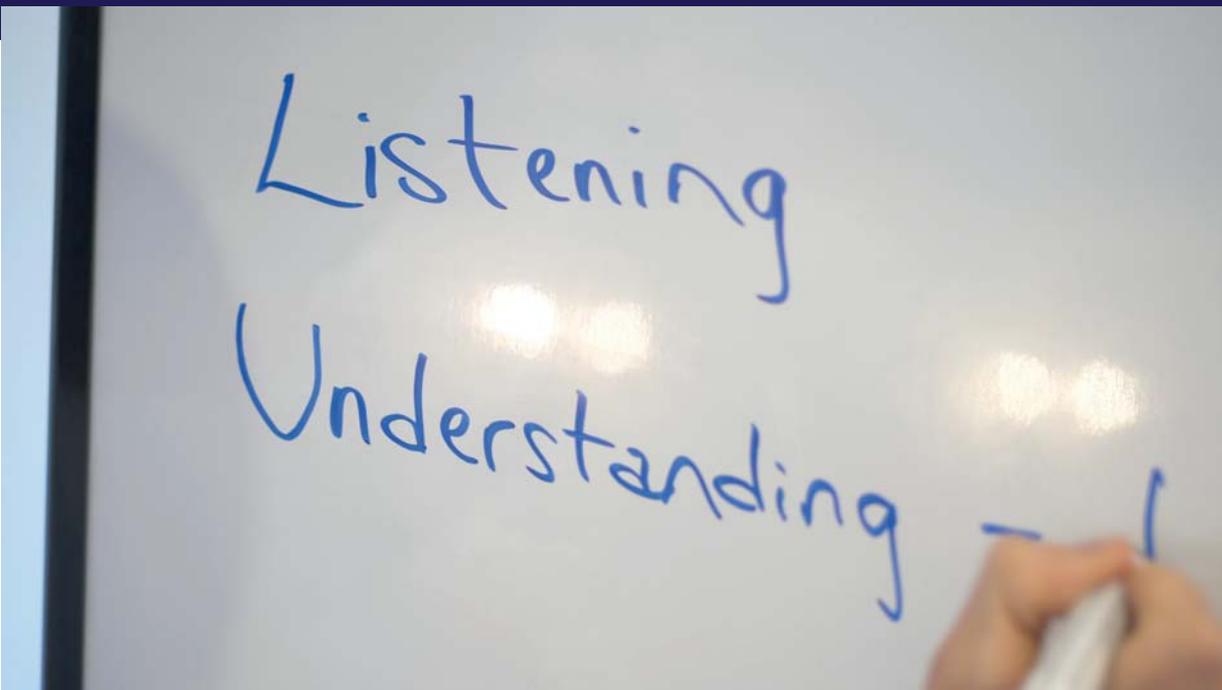
20th - 24th July 2020

23rd - 27th November 2020

20th - 24th April 2020



Felix Fund Mug
~~£5.95~~ £5.00



Mens black polo shirt
~~£15.00~~ £10.00

Dashboard Places for 2020

Felix Fund's main focus in recent years has been the Dashboard programme. These preventative stress training courses based on mindfulness are much in demand and we have been seeing some excellent results.

Do you feel you or someone you know might benefit? Get in touch for more information by contacting melanie@felixfund.org.uk



Felix Fund Tea Towel
~~£5.50~~ £3.50



Wristband
~~£2.00~~ £1.00

Giving Tuesday

Across the globe December is by far the largest month in terms of charitable giving, so this year Felix Fund has signed up to Giving Tuesday. Taking place on 3rd December 2019 you can pledge donations to your favourite bomb disposal charity, all of which will go towards supporting those in need from the EOD & Search communities. You can check our social media channels; Facebook, Twitter and Instagram for ongoing updates to the campaign and how you can support it. Or simply make a donation large or small at: <https://www.justgiving.com/felixfund>

Where your money goes

Your support on Giving Tuesday, or any other time, will go towards a particular need. Be it a specialist wheelchair, sports equipment, home adaptations or our preventative stress training, the Dashboard Programme.

Ways to Support

Donate

A one-off or regular donation, no matter how big or small will help provide vital welfare support or financial assistance to serving personnel, veterans and their loved ones. Donate online: <https://www.justgiving.com/felixfund/donate>

Fundraise

There are lots of great fundraising ideas out there and we love to hear from you. Get in touch if you have a great idea to raise funds for Felix Fund. We will support you in whatever way we can. Contact: hayley@felixfund.org.uk

Challenge

Why not show your support for Felix Fund by taking on a new challenge. Whether you run a race, take on a trek, jump on your bike or something a little more extreme like a sky dive or bungee jump.

Volunteer

There are many ways you can volunteer for Felix Fund, from helping out at the events, to organising your own as well as raising awareness for the charity in your local area. Become a volunteer by contacting hayley@felixfund.org.uk

Share

You can find Felix Fund on Facebook, Twitter, You Tube and Instagram. Check out our latest news and help spread the word by sharing our posts and stories

Shop

Felix Fund's online shop has a variety of gifts and clothing items, which can be a great present for someone. Visit our shop at: <https://www.felixfund.org.uk/shop/>



Blue Pin Badge
£2.50



Green Pin Badge
£2.50



Navy Diver Pin Badge
£2.50

New in!



A5 Soft Touch Notebook
£7.99





For that extra special gift ...

Christmas is Coming ...

Have you got your Christmas cards yet? Or how about a Felix Fund gift in their stocking? Visit the Felix Fund shop at <https://www.felixfund.org.uk/shop/> and grab a present they will love.

We have single malt whisky or special edition port as well as charity branded items. All proceeds go towards helping those in need in the EOD and Search communities.

Mixed pack only £2.00 (3 designs in a pack of 10)



Limited Edition Christmas Special Taylor's Reserve Tawny Port
~~£108.00~~ £60.00



Two design pack



SALE



Dalwhinnie Highland Single Malt Whisky Limited Edition Batch for Felix Fund
~~£108.00~~ £60.00

Or a game of cards ...



Small Arms Recognition Playing Cards
~~£5.25~~ £4.50

To order visit [felixfund.org.uk](https://www.felixfund.org.uk)

MAKE YOUR DONATIONS GO FURTHER!

[Share your support](#)

Each year many gift aid forms cannot be used because they have been filled in incorrectly or are illegible.

To help your donation go even further we do need your house number and full postcode otherwise we cannot make a claim. Gift Aid increases a charitable donation by 25p for every £1 which can add up to £1,000's over the year for Felix Fund.

If you are a UK taxpayer, we can claim Gift Aid on your donations but please complete your form with care. All information will only be used for gift aid purposes. Forms can be downloaded at

<https://www.felixfund.org.uk/support-us/make-a-donation/>



Follow us on



[Facebook.com/Felixfund](https://www.facebook.com/Felixfund)



[Twitter.com/@FelixFund](https://twitter.com/FelixFund)



[@felixfundofficial](https://www.instagram.com/felixfundofficial)

[Felix Fund Videos](#)

Directly from the mouths of people we have helped, these two short films will help raise awareness of the work of Felix Fund

<https://www.youtube.com/watch?v=KvDhA4ewoq4>

<https://www.youtube.com/watch?v=9YksN26Dltc>



visit us at
[felixfund.org.uk](https://www.felixfund.org.uk)

RECEIVING HELP FROM FELIX FUND

It can often be difficult to talk about how Felix Fund has helped people. Many stories are highly confidential and others, whilst making a massive difference to individuals, might not lend themselves to a 'good story.'

Some examples of how we have helped over the last few months include:

- Funding for a diving trip for a bilateral amputee, former RE who has found pain relief and a new sense of freedom from being in the water. SCUBA is the next step for him.
- The first scholarship grant from the Holly Davies Memorial Fund to Aidan O'Donnell, son of Gary O'Donnell, as he continues his University education.
- Emergency help with rent arrears for a reservist who had the bailiffs on the doorstep.
- A small donation towards a minibus for Thaxted Scouts in Essex. Many of the club are children of those posted to Carver Barracks.

Felix Fund can help personnel from any military or SO15 (Metropolitan Police Counter Terrorism Unit), who have conducted or assisted with Explosive Ordnance Disposal and Search duties, and their dependant family members. You can be serving or retired, and you do not need to have been injured to apply.

For more information visit us at: www.felixfund.org.uk

THE BOMB DISPOSAL CHARITY FOR THE
ENTIRE EOD & SEARCH COMMUNITY



Time to remember

In each quarterly newsletter, we commemorate and sustain the memories of the sacrifices made by EOD and Search Personnel who have lost their lives in the line of duty.

This time we remember those who died during October, November and December

- WO2 Colin J L Davies who died on 24 November 1971 in Northern Ireland
- Sgt Roy E Hills who died on 5 December 1972 in Northern Ireland
- SSgt Vernon I Rose who died on 7 November 1974 in Northern Ireland
- WO2 John A Maddocks who died on 2 December 1974 in Northern Ireland
- Kenneth R Howorth GM who died on 26 October 1981 in London
- Cpl James Oakland who died on 22 October 2009 in Afghanistan
- SSgt Olaf Schmid GC who died on 31 October 2009 in Afghanistan
- Cpl Loren Marlton-Thomas who died on 16 November 2009 in Afghanistan
- Spr David Watson who died on 31 December 2009 in Afghanistan
- Cpl David Barnsdale who died on 19 October 2010 in Afghanistan
- Spr William Blanchard who died on 30 October 2010 in Afghanistan
- WO2 Charles Wood who died on 28 December 2010 in Afghanistan

Gone but never forgotten

Thank you for your support

FELIX  **FUND**
THE BOMB DISPOSAL CHARITY

Registered Charity No. 1142494

Diary Dates

3 - 4 December
**International Security
Expo**
Olympia

10 - 12 December
**CIED Threat
Conference**
Wembley

Dec
Felix Five Atlantic Row
Canaries to Antigua!

6 - 10 January
Dashboard Course

11-12 January
**Dependents Wellness
Weekend, Bicester**

3-7 February
Dashboard Course

February/March
**Felix Fund Bangers &
Bacon Butties**



Merry Christmas
and a
Happy New Year
from Felix Fund

Helping since 2011