

# Information Pack

October 2022



**FELIX**  **FUND**

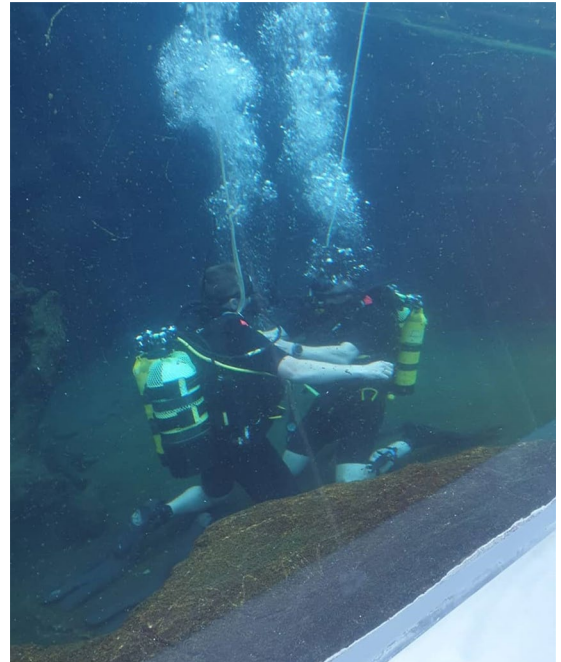
THE BOMB DISPOSAL CHARITY

# About Felix Fund

## Who We Are

Felix Fund – the bomb disposal charity is here to help any military from across all three services and SO15 (Metropolitan Police Counter Terror Unit) personnel who have conducted or assisted with Explosive Ordnance Disposal (EOD) and Search duties.

The charity provides welfare support and financial assistance to serving personnel, veterans, and dependent family members.



## How We Help - Dashboard

Felix Fund has been running its Dashboard program since 2016 with excellent results. This course which delivers preventative stress training based on mindfulness provides serving military and veterans with the tools and techniques to recognise warning signs of stress and to be able to develop their ability to relax, clear their minds and focus on positive aspects of their life. This will then feedback into a more productive and positive work and home environment.





## How We Help – Financial Support

The other aspect of the work of Felix Fund is financial assistance to serving personnel, veterans, and their dependents when they find themselves in times of need. This help is wide ranging from hydrotherapy treatment for a former soldier suffering from PTSD and sleep deprivation, a specially adapted buggy for the son of a serving soldier to enable him to start school and go out with his family, and sporting equipment for two former soldiers. We have also helped with home adaptations for veterans, such as replacement windows, the installation of stair lifts and specialist furniture to ensure they are able to remain in their own homes.

In addition to this help we also assist units and regiments with welfare projects ranging from the refurbishment of on camp welfare facilities, to community centre facilities and support for family groups.



## How You Can Support Felix Fund

Funding the work of Felix Fund depends on the commitment and hard work of individuals, groups of volunteers, companies, and other organisations. By supporting Felix Fund, you can make a positive difference to his unique group of men and women and their families.

- Make a one-off or regular donation
- Sponsor or contribute towards a fundraising event
- Organise a fundraising event
- Purchase from our online shop
- Enter a challenge event
- Sponsor other individuals
- Leave a legacy in your Will
- Become a volunteer
- Sign up for our quarterly newsletter.
- Follow us on social media







## Contact Us

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